

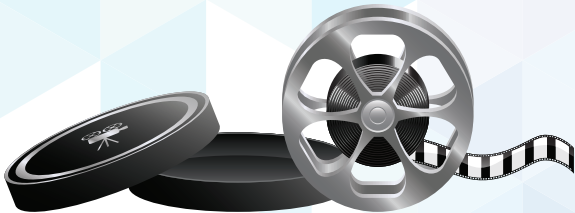
Vision Statement Guide Rails

Roslyn Loxton
MINDSET COACH

You instruct and inform your life when you have a vision statement. When you are intimately acquainted with what matters to you at a heart level, you start to actually LIVE on purpose as opposed to, merely going through the motions.



The years will flip by quickly and if you are interested in LIVING a rich life of purpose and meaning and passion, you have to tell the universe what you want. That way you don't just get dished up what ever's going on out there in society for those with no plan and no self direction.



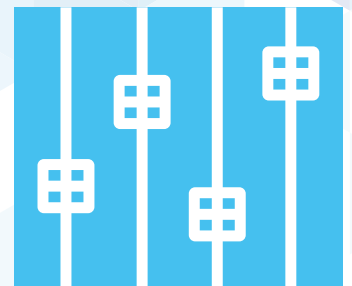
Your life is your play, your movie, you are the director and the lead character...

Write a good script and be a diligent director!!!

The vision statement needs to be addressed now. You may not get it down perfectly at first. You have to crawl before you can sprint on this one. But please, get crawling!

As you venture through the rest of the modules, you can continue tweaking your vision statement and in fact, I expect once you get the hang of this, you will continue to tweak your vision statement for the rest of your enriched, on purpose life.

Use my template to help you start and if you feel you have better ways of stating what you demand in your life moving forward, ditch my template and run free with your own version.



TIME: Allow 2 hours for your first draft of this module

TIP - Fill in your answers as you want to be living, in an ideal life, even if you are not living like that right now. Write this out as though you are putting your orders in.

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Quality life to me includes activities such as...

eg. Music, exercise, travel, time in nature, family time, meditating, charity work, making money etc

Family experiences I value include...

eg. bed time stories, road trips, dinner at the table, games, bush walks, playing in the park, fishing etc

My life embodies...

eg. personal growth, fighting crime, seeing the world, building my empire, saving the planet etc

The way I contribute back to world is to...

eg. Recycle our water, educated on reef protection, search for cures, be kind to everybody

To honour our relationship my partner and I ensure that we...

eg. Have a date night weekly, keep in good health, understand each others love language.

The values I live by are...

eg, Fairness and loyalty and contribution

I take personal responsibility for...

eg. My punctuality, my finances, my happiness, my children, self improvement, my impact on others

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I am committed to...

eg. Optimum health and fitness, living life to its fullest, helping others, saving the planet etc

I balance my time with...

eg. Yoga, Career growth, Family, Hobbies, Travel, Building wealth etc

In my home, I surround myself with...

eg. bright colours, music, comfortable furniture, books, garden etc

Because a home to me is a place where...

eg. I recharge, I express myself, is my safety, I store my things so I can travel etc

My financial philosophy or mindest or motto means I will attract...

eg. A life of abundance and wealth or a comfortable life etc.

The emotions or feelings I try to experience every day are...

Peace and Happiness etc

I feel successful when...

eg. I have a certain income, or I have certain things or I tried my best etc.

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My Business career philosophy or motto or mindset is...

eg. Reaching the top of my industry, exceed expectations, add value, be the best etc.

I am committed to continuous improvement in the area of...

eg. Language, mindset, physical agility, a specific sport, financial knowledge etc.

As a mentor and a role model my best words of wisdom are...

eg. Attitude will make or break you. Always go the extra miles it's the road less travelled etc.

Keeping my children well involves...

eg. being present, providing nutritious meals, ensure good sleep, encouraging sports

The most important people to spend my time with outside of my family include...

eg. Work associates, like minded souls, long time buddies, people who stretch me etc

To nurture and honour my own needs and personal growth and happiness I ensure...

eg. I meditate, I read a cross section of personal development books, I sleep 8 hrs, I swim etc

My life in 3 years is...

eg. We have moved to Noosa and have a self sustaining property and run a highly profitable online biz

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Ten years from now I...

eg. I have written a series of books, sold my business, built our dream home and live in Canada six months of the year

Write your vision statement out now as a complete paragraph

This is my creed, the philosophy and guide rails for how I want to show up in my life and what I want my life to involve and reflect. This tool helps me to articulate my ideal life. When I have articulated my ideal life, I am guided to ensure this is what I manifest into my life.

To live purposefully

this isn't about micro managing my life, it's about deeply considering my life



What you should have gained by completing this module

Your creed that guides your life and priorities
An insight into what you can stop doing
An insight into what you may decide to start doing